

## Orthopaedic Treatment Options

Title: [PushLock®](#)

Procedure: The Pushlock is a device designed to repair cartilage tears in the shoulder.

The surgeon begins by identifying the cartilage tear and inserting two cannulas into the shoulder. A suture-passing device is placed between the cartilage, or labrum, and the shoulder socket, or glenoid. A looped wire is passed underneath the labrum and retrieved through the anterior cannula. A suture is shuttled around the labrum using the wire. The suture is retrieved, and a drill inserted into the joint. The drill is used to create a bone socket on the glenoid. The sutures are fed through a knotless Pushlock anchor and the anchor is hammered into the socket, securing the labrum to the bone. Alternatively, the looped wire can be eliminated, and the suture passed directly underneath the labrum. It is fed into the joint and the end is retrieved with a grasping instrument. Another socket is drilled, and the suture is fed through the Pushlock anchor and hammered into place. Typically, a surgeon will use three anchors for a cartilage repair.

Link: <http://pushlock.orthoillustrated.com>

*Please note: Information herein is not intended to diagnose a medical condition or suggest an appropriate treatment. The procedures presented are options and alternatives and not the only solutions available to a patient. Nothing herein should be used as a substitute for talking with your doctor. Always talk with your doctor about diagnosis and treatment information.*